

Compulsory Equipment

Tack and equipment will be checked and any rider not complying with the rules (in particular numbers 8, 14 & 15) will not start the competition. Penalties will incur if riders are not carrying the complete list of compulsory equipment.

Compass
Map marking pen
Torch or suitable light in working order
Headcollar and rope (or combination bridle)
Waterproofs (minimum - jacket)
Basic First Aid kit for horse and rider
Whistle
Emergency farrier's tools and equi-boot/ shooft (*only compulsory at Level 3*)

NB Pairs competitors may share all the compulsory items but must each carry hard hat, waterproofs, headcollar & rope, whistle, competitor ID, horse ID and fluorescent clothing. They are each encouraged to carry the full list if possible.

Recommended:

Map case
Drink & snack for rider
Coins for emergency phone call
Digital watch or stopwatch

Health and Safety

The Organisers have taken all reasonable precautions to ensure the health & safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instruction of the officials and stewards on the day.

Trained First Aiders will be present at the event and should be summoned through an official in the event of an accident. The Organisers will have contact telephone numbers for emergency veterinary and farriery service.

Please take care to safeguard valuable tack and possessions. Young children must be supervised at all times. Neither the event Organisers nor the land owners can accept responsibility for loss or injury to persons, animals or possessions howsoever caused.

St Ebba's B.H.S. TREC



Sunday 13th September 2009

At Great Bookham Equestrian Centre, Dorking
Road, Great Bookham, Surrey, KT23 4PZ

In aid of

Epsom RDA

Level 1, 2 & 3
Individual and Pairs Classes
Team Challenge

Secretary: Pauline Humphries, 9 Tintagel Close, Epsom, Surrey, KT17 4HA
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Website: www.craddocks.co.uk
Telephone Enquiries: Jenny Snowdon 07958 407594

The competition consists of three phases, the winners being those competitors with the highest accumulated points. Maximum total from all three phases is 460 points.

Phase 1 PTV (Obstacles): a timed course of up to 16 natural and simulated obstacles to demonstrate the horse's obedience and handiness as well as the rider's use of appropriate aids. Maximum score 160 points.

Phase 2 CoP (Control of paces): a test to determine the rider's control of their horse's paces. Maximum score 60 points.

Phase 3 POR (Mounted Orienteering): Level 1 will be approx. 12km, Level 2 approx. 20km and Level 3 will be up to 26km with bearings and/ or grid reference sections. NB. For Level 3, all three phases are to be completed on the Sunday and there will be an equine health check midway through the course to check soundness, heart rate and dehydration of the horse.

There may be some road work on this section. Any major crossing points may have marshals on them.

Saturday 12th September

There will be a guided course walk at 5pm. This will be followed by the Evening Social (please see separate menu) from about 6.30pm. Tickets are £10.00 each, please bring your own drink and a chair. Corralling & Camping are available on site £5.00 per horse.

Sunday 14th September

Competition: Levels 1, 2 & 3 Pairs and Individuals.
BHS Gold & BHS affiliated RC members £30.00 each.
Non-members £37.00 each.
Rosettes to 6th place in each class.
Refreshments will be available to purchase on Sunday.

Rules

As per the current BHS TREC Rulebook (4th edition - 2009) and general rules detailed below.

BHS TREC Rulebook is available price £5.95 plus £2 P & P from the British Horse Society Bookshop. The British Horse Society, Stoneleigh Deer Park, Kenilworth, CV8 2XZ. Cheques payable to the British Horse Society.

1. BHS TREC Competitions are open to all horses & ponies providing that they are a minimum of four years old in 2009 (ie a horse born in 2005 may compete in BHSTREC in 2009).
2. Mares more than 4 months pregnant should not be competing.
3. Competitors must be BHS Gold Members, or members of an Affiliated British Riding Club, otherwise they must submit documentary evidence with their entry that they hold suitable third party insurance.
4. Riders under the age of fourteen on the day of the competition may only compete in pairs classes and must be accompanied by a rider of 16 years or older. Pairs ride together for POR and separately for CoP & PTV. Parents/ guardians of competitors under the age of 16 will be required to complete a Parental Consent Form.
5. Competitors competing in BHS TREC Qualifiers or the Championships of Great Britain must either be a BHS Gold Member or a BRC member.
6. Clearly visible coloured tail wraps/ribbons should be worn to advise other riders of a potential hazard – Red = Kicker, Green = Young/Inexperienced horse, Blue = Stallion.
7. For Level 1 and Level 2 any riders who have represented Great Britain at TREC in the last two years will be ineligible to compete as individuals. They may compete as a pair but will be penalised 25 points per phase for both the POR and the PTV.
8. No rider will be permitted to start any phase of the competition unless wearing a hard hat, which meets a standard currently recommended by the BHS (PAS 015, EN1384 or ASTM F 1163, and bearing the kite mark or SEI). Hats will be checked by the Secretary on collection of your competitor number.
9. Riders may choose to wear a body protector during any phase of the competition. If worn, Beta 3 standard is strongly recommended.
10. Riders must wear suitable footwear. If shoes without a heel are worn then a suitable stirrup cage must be used.
11. Standing Martingales and other fixed reins are forbidden.
12. Whips must not exceed 75cms (1m for side saddle). Spurs if worn must be rounded, not exceeding 3.5cms and pointed downwards.
13. Mobile phones may be carried for emergency use only but must be declared prior to entering the map room and be switched off.
14. Riders in BHS TREC competitions must wear fluorescent clothing during the POR phase. The minimum requirement is clearly visible fluorescent strips (or garment) on the rider's torso. It is strongly recommended that this is also reflective, and is supplemented by a fluorescent/ reflective hatband.
15. ID Tags for both horse and rider displaying name, competitor number and contact number for the organiser must be prominently displayed during the POR phase. **A medical armband or similar displaying all contact details and medical conditions must be worn during all phases.** Medical armbands can be purchased from the BHS Bookshop for £5.99. Tel: 08701 201900.
16. The decisions of the BHS Technical Delegate and the Judges are final and must be complied with at all times. Competitors may be eliminated from the competition for any of the following reasons:
 - Excessive use of the whip
 - Dangerous riding
 - Abusive language
17. Dogs must be kept on the lead at all times.
18. It is the responsibility of all competitors to present themselves at least 10 minutes before the start of phases 1 & 3, failure to do so may mean a loss of place on the list.
19. It is a condition of entry that no responsibility will be taken by any of our helpers & stewards for any loss or damage to spectators, competitors, their horses, grooms, friends or property.

St Ebba's BHS TREC Social Evening
Saturday 12th September 2009

Menu

Celebratory Glass of Buck's Fizz

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**Fish Pie -**

*A fusion of white fish and seafood wrapped in a white wine sauce and topped with creamed potato*

**Chicken with Peanut Sauce**

*Oriental style dish with galangal, garlic, Thai curry paste, chilli, coconut cream, shallots and dry roasted peanuts. Served with rice.*

**Chestnut, Stilton and Ale Casserole -**

*A rich and tasty vegetarian offering*

*All the above will be served with seasonal vegetable and creamed potatoes*

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Chocolate Mousse

Mixed Fruit Brulée

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**Coffee**

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A Raffle will be held in aid of Brooke Hospital for Animals

There will be entertainment after the raffle has been drawn (TBA)

.....can/ can't come to the Social Evening.

I/We would like the following meal/s:-

- Fish Pie
- Chicken with Peanut Sauce
- Chestnut, Stilton and Ale Casserole
- Chocolate Mousse
- Mixed Fruit Brulée

Price £10 a head.

Please bring your own drinks and something to sit on.

St Ebba's BHS TREC Entry Form
13th September 2009

LEVEL 1/ 2/ 3 *Please delete as appropriate* PAIRS/INDIVIDUAL

First Rider's Name _____
Address _____

_____ Post code _____
Tel No _____ Mobile _____
E-mail _____
BHS/ RC Membership No.* _____ D.O.B. _____
Horse's Name _____
Breed _____ Height _____ Age _____

Second Rider's Name _____
Address _____

_____ Post code _____
Tel No _____ Mobile _____
E-mail _____
BHS/ RC Membership No.* _____ D.O.B. _____
Horse's Name _____
Breed _____ Height _____ Age _____

I/ We have read, understood and agree to abide by the rules of BHS TREC 2009 (Parent/ guardian to sign for under 16's)

1st Rider _____

2nd Rider _____

***If neither BHS nor RC member, proof of Public Liability & Personal Accident Insurance must accompany this form.**

Please complete overleaf

Entry Fees BHS/ RC @ £30.00	Qty.....	£.....
Entry Fees Non-members @ £37.00	Qty.....	£.....
Team Entry @ £10.00 per team	Qty.....	£.....
Evening Social @ £10.00	Qty.....	£.....
Corralling @ £5.00	Qty.....	£.....
Total Enclosed.		£.....

Team Details:

Team Name _____

Team Members:

1. _____ in Class _____
 2. _____ in Class _____
 3. _____ in Class _____
 4. _____ in Class _____

Please make cheques payable to BALANCED TREC

Start times & directions to the Venue will be posted on the website by 9th September. www.craddocks.co.uk

If you do not have access to a computer, please include an A5 SAE when sending your entry to the Secretary.

Entries close 7th September and will be limited.

Please send your completed entry form and cheque to the Secretary:

Pauline Humphries, 9 Tintagel Close, Epsom, Surrey, KT17 4HA.

The St. Ebba's Team Challenge

Teams are made up of 4 members.
 Members can be competing in any class.
 The best 3 scores count towards the final total.
 Entry fee is an additional £10 per team.

If you would like to help or judge this year or you know of someone who would.....please contact

Jenny Snowdon on 07958 407594
 E mail: jenny.snowdon@btopenworld.com

Our grateful thanks go to

All landowners who have allowed us access to their land.

BGI Electrical Ltd
 Wimbledon Village Stables
 Balanced PTV Training

And all other companies and individuals that have generously sponsored this event